



5 Bridge Street  
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Monday-Saturday: 9 am to 6 pm  
 Sunday: 10 am to 4 pm

e-mail: seetheworld@bcoutfitters.com

Major credit cards accepted

## Travel Checklist

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### Pre-Departure

- Passport
- Visa
- Health Documentation
- Emergency Information
- Insurance
- Hotel Reservations
- Traveler's Checks
- Currency
- Credit Cards
- Guide Books and Maps
- Trip Cancellation/Medical Insurance
- Personal Identification
- Photocopies of Documents
- Special Event Reservations

### Basics

- Luggage/Travel Pack
- Travel Clothing
- Rain Protection
- Travel Footwear
- Camera and Film/Tripod
- Video Camera/Tapes
- Language Books
- Reading Materials
- Address Book
- Travel Journal
- Scarf/Bandana
- Games/Playing Cards
- Binoculars
- Luggage Lock
- Luggage I.D. Tags
- Sunglasses
- Trekking Poles
- Watch/Travel Clock
- Visor or Brimmed Hat

### Maintenance Items

- Flashlight, Batteries, Bulb
- Camera Batteries
- Mini Sewing/Repair Kit
- Lightweight Travel Iron
- Travel Clothesline/Pins
- Mesh Laundry Bag
- Stopper for Hotel Sinks
- Immersion Coil/Cup/Spoon
- Ziplock Plastic Bags
- Money Converter
- Duct Tape
- Sunglass Leash

### Medication\*

- Aspirin/Pain Reliever
- Cold Medicine
- Diarrhea Medicine
- Laxative
- Insect Repellent
- Sunburn Relief
- Antibiotic Cream
- Malaria Pills
- Motion Sickness Medicine
- Personal Hygiene Items
- Personal Prescriptions
- Water Purification System
- Vitamins
- Iodine Tablets
- First Aid Kit
- Contact lens preparation

\* Please be sure to consult your doctor or local travel clinic for help in planning your trip medications.

### Toiletries

- Comb/Brush
- Toothbrush/Paste
- Dental Floss
- Deodorant
- Soap
- Skin Care
- Make Up
- Manicure Items
- Shampoo
- Lip Balm
- Hand Sanitizer
- Shaving Cream/Razor
- Blow Dryer
- Towel/Washcloth
- Nalgene Bottles for soaps, lotions and creams

### Other Essentials

- Everyday/Carry-on Bag with valuables, tickets, camera, reading material, medications
- Passport/Money Carrier
- Electrical Converter and Adaptor
- Travel Pillow

### Home Checklist

- Stop Deliveries
- Have Post Office hold mail
- Arrange for pet/plant care
- Timed lighting system
- Notify local police of your absence
- Leave itinerary, a copy of travel documents and house key with a neighbor
- Empty refrigerator
- Eliminate fire hazard by unplugging appliances
- Turn down thermostat
- Turn off water heater
- Store valuables in a safe place
- Lock doors and windows

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Backcountry Outfitters is a full service outdoor specialty shop. We carry clothing and gear for every trip imaginable. In our travel department you will find such items as money converters, rolling luggage and motion bands. Whether you are trekking in Nepal or traveling to Chicago on business, we have the gear and apparel to keep you organized, wrinkle free and safe. Be sure to contact us with any travel inquiries.

Have a safe and happy trip!